

# Baum Weight Loss Program

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## MEDICAL HISTORY FORM

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Today's Date: \_\_\_\_\_

### DO YOU CURRENTLY HAVE OR HAVE HAD A HISTORY OF THE FOLLOWING?

- |  |   |                                 |                                  |                                  |
|--|---|---------------------------------|----------------------------------|----------------------------------|
| <input type="checkbox"/> Diabetes: with use of <input type="checkbox"/> Pills <input type="checkbox"/> Insulin       | <input type="checkbox"/> High Blood pressure/Hypertension |                                 |                                  |                                  |
| <input type="checkbox"/> High Cholesterol/Hyperlipidemia   | <input type="checkbox"/> Hypothyroidism                   |                                 |                                  |                                  |
| <input type="checkbox"/> Hyperthyroidism   | <input type="checkbox"/> Atrial Fibrillation              |                                 |                                  |                                  |
| <input type="checkbox"/> Insomnia  | <input type="checkbox"/> Depression/Anxiety               |                                 |                                  |                                  |
| <input type="checkbox"/> Obstructive sleep apnea   | <input type="checkbox"/> Fibromyalgia                     |                                 |                                  |                                  |
| <input type="checkbox"/> Congestive Heart failure/CHF  | <input type="checkbox"/> Asthma                           |                                 |                                  |                                  |
| <input type="checkbox"/> COPD  | <input type="checkbox"/> Migraines/headaches              |                                 |                                  |                                  |
| <input type="checkbox"/> Anemia  | <input type="checkbox"/> GERD/reflux                      |                                 |                                  |                                  |
| <input type="checkbox"/> Stroke/CVA – any residual weakness  | <input type="checkbox"/> Cirrhosis                        |                                 |                                  |                                  |
| <input type="checkbox"/> Hepatitis: <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C | <input type="checkbox"/> Valley Fever/Coccidioidomycosis  |                                 |                                  |                                  |
| <input type="checkbox"/> Incontinence  | <input type="checkbox"/> Arthritis                        |                                 |                                  |                                  |
| <input type="checkbox"/> Cancer (If so, check the box that applies to your type of cancer)                           |   |                                 |                                  |                                  |
| <input type="checkbox"/> Brain   | <input type="checkbox"/> Lung                             | <input type="checkbox"/> Kidney | <input type="checkbox"/> Bone    | <input type="checkbox"/> Thyroid |
| <input type="checkbox"/> Prostate  | <input type="checkbox"/> Uterine                          | <input type="checkbox"/> Breast | <input type="checkbox"/> Bladder | <input type="checkbox"/> Ovarian |

### SURGERIES/DATES:

- |  |   |
|--|---|
| <input type="checkbox"/> Pacemaker/Defibrillator: _____              | <input type="checkbox"/> Tonsils removed/Tonsillectomy: _____ |
| <input type="checkbox"/> Adenoids removed/Adenoidectomy: _____       | <input type="checkbox"/> Appendix removed/Appendectomy: _____ |
| <input type="checkbox"/> Gallbladder removed/Cholecystectomy: _____  | <input type="checkbox"/> Abdominal surgery: _____             |
| <input type="checkbox"/> Gastric Sleeve: _____                       | <input type="checkbox"/> Gastric Bypass: _____                |
| <input type="checkbox"/> Prostate Removal/Prostatectomy _____        | <input type="checkbox"/> Cervical spine surgery: _____        |
| <input type="checkbox"/> Thoracic spine surgery: _____               | <input type="checkbox"/> Lumbar spine surgery: _____          |
| <input type="checkbox"/> Shoulder surgery- left/right _____          | <input type="checkbox"/> Wrist surgery- left/right _____      |
| <input type="checkbox"/> Finger surgery – left/right: _____          | <input type="checkbox"/> Hip surgery – left/right: _____      |
| <input type="checkbox"/> Knee surgery – left/right: _____            | <input type="checkbox"/> Ankle surgery – left/right: _____    |
| <input type="checkbox"/> Foot surgery – left/right _____             | <input type="checkbox"/> Toe surgery – left right: _____      |
| <input type="checkbox"/> Ovaries removed/oophorectomy _____          | <input type="checkbox"/> Uterus removed/Hysterectomy: _____   |
| <input type="checkbox"/> C-section _____                             | <input type="checkbox"/> CABG: _____                          |
| <input type="checkbox"/> Any other surgeries not listed above: _____ |   |

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**WOMEN:**

LNMP/last normal menstrual period: \_\_\_\_\_ Date of last PAP: \_\_\_\_\_ Normal Abnormal Biopsy  
Number of pregnancies/Para: \_\_\_\_\_ Number of live births/Gravida: \_\_\_\_\_  
Date of last Mammogram: \_\_\_\_\_  Normal  Abnormal  
Form of contraceptive? \_\_\_\_\_

**PREVENTATIVE CARE WOMEN/MEN:**

Date of last Bone scan/ DEXA Scan: \_\_\_\_\_ Facility Name: \_\_\_\_\_  
Date of last Colonoscopy: \_\_\_\_\_ Doctors Name: \_\_\_\_\_

**VACCINE / DATE GIVEN:**

Date of Flu vaccine: \_\_\_\_\_ Date of pneumonia vaccine: \_\_\_\_\_  
Date of Shingles Vaccine: \_\_\_\_\_ Date of Tetanus/DTap/Adacel: \_\_\_\_\_  
Are you up to date with childhood vaccine?  YES  NO

**SOCIAL HISTORY:**

Any use tobacco product?  YES  NO If so, how many cigarettes per day? \_\_\_\_\_  CHEW  
Any use of alcohol?  YES  NO If so,  Daily  Weekly  Socially and how many? \_\_\_\_\_  
Any use of Marijuana?  YES  NO If so,  Daily  Weekly  Socially  
Any use of recreational drugs?  YES  NO (Please list name of drug and how often) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**MEDICATIONS AND DOSE:**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**ALLERGIES AND REACTION'S TO MEDICATIONS/FOODS:**

_____	_____
_____	_____
_____	_____
_____	_____